The Middle Path, Colorized

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The usual iconography failed me. My mother thumb-tacked a cardboard print above my crib; my age of reason came early. In the print, older sister leads baby brother. Behind them, the angel, blond and beatific, wingless, through the pink of cotton candy. I wanted to scream: "Don't walk over that bridge!" Angel or not—the plank is rotten, the support ropes frayed. I know rickety construction when I see it.

To explain what is real, Buddha Shakyamuni gives thirty-four negatives: "... his body neither existing nor not existing, neither blue nor yellow, neither red nor white, neither crimson nor purple, ..." That just won't do. I grew up with 64 Crayolas.

The Middle Path is not the Yellow Brick Road. It winds, curved as meditation, a worldview eschewing the red of blood-torture and hell-fire, the effrontery of Royal Purple, simple as a sand mandala.

Above the path, indigo vast as mountain vistas, hills roll plankton green as oceans, sky shades bald-blue as infinity. I can curl my toes into the golden buttered crumb of it, release a held breath, and rest.